

NEIGHBORHOOD YOUTH COUNCIL RESOURCE GUIDE



Please Note: Some services could be affected by COVID-19.



Partners for Youth Foundation, Inc.
162 East Main Street, Suite 210
Lexington, KY 40507



Dear Cardinal Valley and Gainesway Neighborhood Youth Council Members,

You all are working so hard to be leaders in your community. Partners for Youth wants to make sure that you have all the tools you need to do just that. One additional way that we can support you and what you would like to achieve in the future, is to educate you about resources that are accessible in Lexington.

Knowing where to go to get assistance is a part of connecting you with services that will help you in your time of need. Who knows you may end up finding a place where community service is needed, become an intern, or discover a new career path. Whatever it is, we encourage you to reach for the stars and make it happen. We are here to support your dreams and wish you all the success in the future.

In the meantime, while you are still growing and finding your way to greatness, we are here to help guide you in any way possible. Check out the resources in this resource guide and share them with your friends and family.

We are proud of each one of you. Continue to keep up your grades and plan for your future. You can do it!

Sincerely,

Briana Persley
Executive Director
Partners for Youth

PARTNERS FOR YOUTH FOUNDATION, INC.

Office:
162 East Main Street, Suite 210
Lexington, KY 40507

Mailing:
200 East Main Street
Lexington, KY 40507

Partners4youth.org

Abundant Living Psychological and Coaching Services for Children and Adolescents, PLLC

1500 Leestown Road, Suite 326
Lexington, KY 40511

Email: drshambramulder@abundantlivingpsychologicalandcoachingservices.com

Website: <http://www.abundantlivingpsychologicalandcoachingservices.com/>

Hours: Mon-Fri. 8 a.m. – 5 p.m.

Mission

The mission of Abundant Living Psychological and Coaching Services for Children and Adolescents, PLLC is to provide psychological and coaching services to individuals and families that will increase their hope, coping skills, emotional intelligence, resilience, and capabilities for making healthy choices toward living a life of abundance.

Services

- **Psychological/Psychoeducational Evaluations**
- **Psychological Services**
- **Coaching Services**

Al-Anon Family Groups

845 Lane Allen Road, Suite B-6
Lexington, KY 40504

Phone: (859)277-1877 *Please leave a message. Someone will call you back.

Website: <https://al-anon.org/newcomers/teen-corner-alateen/>

Hours: Saturdays 12 noon – 2 pm

Purpose

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

Services

▪ **Alateen**

Alateen is a place where members come together to:

- share experiences, strength, and hope with each other to find effective ways to cope with problems.
- discuss difficulties and encourage one another
- help each other understand the principles of the Al-Anon program through the use of the Twelve Steps and Alateen's Twelve Traditions

Alateen is not a place:

- For teenagers seeking help for drinking or drug problems or a therapy program
- to complain about parents or anyone else.
- A social hangout.

Al-Anon Family Groups (cont'd)

Services

- **Alateen Chat**
Chat live with other teens in any of the scheduled meetings! Young people aged 13 to 18 who have been affected by someone else's drinking are invited to share experience, strength and hope with other teens.
- **Alateen Link:** <https://al-anon.org/newcomers/teen-corner-alateen/try-an-alateen-chat-meeting/>

Arbor Youth Services

536 West Third Street
Lexington, KY 40508

Phone: (859) 254-2501

Website: www.arborky.org

Mission

To end youth homelessness by providing a safe and supportive environment to youth who have suffered abuse, abandonment, or are at risk of victimization.

Services

- | | |
|---|--|
| <ul style="list-style-type: none">▪ Emergency Shelter▪ 24-Hour Crisis Intervention▪ Safe Place Crisis▪ Counseling and Case Management▪ Basic Necessities | <ul style="list-style-type: none">▪ Youth Development Activities▪ Transportation▪ Information and Referral▪ Varying Levels of Financial Support |
|---|--|

Project Safe Place

Hours: *based on location

Website: <https://arborky.org/services/>

Arbor Youth Services is Central Kentucky's ONLY Safe Place designated emergency shelter. Our Safe Place services provide access to immediate help and supportive resources for all young people in crisis. Youth can walk into any safe place site displaying the yellow sign and ask for help. Safety is only a phone call away.

*** Youth in crisis can text the word SAFE and their current location to the number 69866 and they will receive an address of the nearest Safe Place site and contact number for the local youth shelter!**

Project Safe Place Locations:

- **Lextran (85 buses)**
- **ALL local fire stations - Fayette Co. and Jessamine Co.**
- **ALL Public Libraries**
- **American Legion Post 8**
1230 Man O' War Pl.
Lexington, KY 40504
(859) 252-0022
- **Black & Williams Neighborhood Center**
498 Georgetown St.
Lexington, KY 40508
(859) 300-5300
Mon-Fri: 8 a.m. – 6 p.m.
- **Carnegie Center for Literacy and Learning**
251 W. Second St.
Lexington, KY 40507
(859) 254-4175
Mon-Thurs: 10 a.m.-7:30 p.m.
Fri: 10 a.m.-5 p.m.
Sat: 10 a.m. – 2 p.m.
- **College for Technical Education (CTE)**
1165 Centre Pkwy, Suite 120
Lexington, KY 40517
(859) 272-5225
- **Community Action Council (ALL centers)**
 - 913 Georgetown St
Lexington, KY 40511
(859) 244-2215
 - 520 Toner Street
Lexington, KY 40508
(859) 554-4350
- 1902 Cambridge Drive
Lexington, KY 40504
(859) 246-1192
- 1169 Winburn Drive
Lexington, KY 40511
(859) 294-5249
- **Family Care Center**
1135 Harry Sykes Way
Lexington, KY 40504
(859) 288-4040
Mon-Fri: 6:30 a.m.-5:30 p.m.
- **Lyric Theatre and Cultural Arts Center**
300 E 3rd St
Lexington, KY 40508
(859) 280-2201
Mon: 12 p.m. – 8:30 p.m.
Tues-Fri: 9 a.m. – 5 p.m.
- **One Parent Scholar House**
1156 Horsemans Ln,
Lexington, KY 40504
(859) 252-4828
- **Pride Community Services Org.**
389 Waller Ave., Suite 100
Lexington, KY 40504
(859) 253-3233
Tues-Fri: 1 p.m.-6 p.m.
Sat: 11a.m.-4 p.m.
- **Salvation Army**
736 W. Main St.
Lexington, KY 40508
(859) 252-7706
- **Shriners Hospital**
110 Conn Terrace
Lexington, KY 40508
(859) 266-2101
Mon-Fri: 8 a.m. – 4:30 p.m.

- **The Nest**
530 N. Limestone
Lexington, KY 40508
(859) 259-1974
Mon-Thurs: 9 a.m.-5 p.m.
Fri: 9 a.m.-12 p.m.
- **The Plantory**
501 W Sixth St., Suite 250
Lexington, KY 40508
(859) 255-6999
Mon-Fri: 9 a.m. – 5 p.m.
- **UK Police Department**
305 Euclid Ave.
Lexington, KY 40506
Emergency 911
Non-emergency (859) 257-8573
(859) 257-1616
- **YMCA Beaumont**
3251 Beaumont Centre Cir.
Lexington, KY 40513
(859) 219-9622
Mon-Fri: 5:30 a.m.-10 p.m.
Sat: 6 a.m.-8 p.m.
Sun: 10 a.m. – 8 p.m.
- **YMCA High Street**
239 E High St.
Lexington, KY 40507
(859) 254-9622
Mon-Thu: 5:30 a.m.-10 p.m.
Fri: 5:30 a.m.-8 p.m.
Sat: 6 a.m.-6 p.m.
Sun: 10 a.m.-6 p.m.
- **YMCA North Lexington**
381 W. Loudon Ave.
Lexington, KY 40508
(859) 258-9622
Mon-Thu: 5:30 a.m-10 p.m.
Fri: 5:30 a.m.-8 p.m.
Sat: 6 a.m.-6 p.m.
Sun: 10 a.m.-6 p.m.
- **YMCA Jessamine County**
220 E. Maple Street
Nicholasville, KY 40356
(859) 885-5013

Ampersand Sexual Violence Resource Center of the Bluegrass

**2025 Regency Rd.
Lexington, KY 40503**

Phone:

Business Line: (859) 253-2615
Support Line: (859) 253-2511
24hr Hotline: 1-800-656-4673

Website: www.ampersandky.org

Mission

When it boils down it, the focus of Ampersand is to support folks who have been impacted by violence, and to engage the community in changing rape culture. We hope that our mission is as meaningful to you as it is to us.

Ampersand Sexual Violence Resource Center of the Bluegrass (cont'd)

Services

Provides free and confidential services to victims of sexual violence and includes services to their families and friends. Ampersand has a 24- hour crisis hotline, provides crisis and individual counseling, medical and legal advocacy, education and awareness efforts.

Audrey Grievous Center

1177 Harry Sykes Way
Lexington, KY 40504

Phone: (859) 246-4370

Website: <https://www.lexingtonky.gov/lexington-day-treatment-center>

Hours: Mon-Fri. 8 a.m.-5 p.m.

Mission

A treatment center and non-traditional school all in one. Students ages 12-17 learn the behavioral, academic, and social skills needed to graduate.

Services

The Audrey Grievous Center (formerly Lexington Day Treatment) is run by Lexington-Fayette Urban County Government in collaboration with FCPS and the state's Department of Juvenile Justice. About four dozen students in grades 6-12 are on site, taking classes under FCPS teachers in a smaller environment and receiving individualized treatment and counseling from Division of Youth Services professionals. All students are working to obtain their high school diploma and may do so here or upon return to the regular high school setting.

Big Brothers/Big Sisters of the Bluegrass

181 West Lowry Lane, Suite 150
Lexington, Kentucky 40503

Phone: (859) 231-8181

Website: <http://www.bbbs-bluegrass.org/>

Hours: Mon-Fri. 9 a.m.-5 p.m.

Contact Person: Natalie Thompson

Mission

Big Brothers Big Sisters of the Bluegrass' mission is to create and support one-to-one mentoring relationships that ignite the power and promise of youth.

Programs

Big Brothers/Big Sisters of the Bluegrass (cont'd)

Bigs in Blue

- Bigs in Blue is a one-to-one mentoring program that connects youth with police in communities throughout Central Kentucky, building strong, trusting, lasting relationships. These relationships can help build stronger bonds between law enforcement and the families they serve.

Workplace Mentoring

- Workplace mentoring programs allow students to learn from one-to-one relationships with successful professionals. In addition, Bigs in workplace mentoring programs get the unique chance to give back to their communities during the workday, as opposed to trying to make time during their busy every-day lives.

School-Based Mentoring

- Although it takes place in schools, the School-Based Mentoring program is not limited to the classroom. Of course, some matches do talk about class, do homework, or read together, but it is perfectly fine to shoot hoops in the gym or play on the playground. At the end of the day, it is really all about starting a friendship, providing guidance and inspiring a child to reach their potential.

Community-Based Mentoring

- Community-based mentoring relationships involve one-on-one outings and activities doing things Bigs and Littles can enjoy together, like: taking a walk in the park, going to a museum, attending one of our events, listening to music, and hanging out and talking.

Court Appointed Special Advocates (CASA)

**3245 Loch Ness Drive
Lexington, KY 40517**

Phone: (859) 246-4313

Website: <http://www.lexingtoncasa.com/>

Hours: *Appointed by Family Court

Mission

Through the power of volunteer advocacy, CASA of Lexington works to ensure that all victims of child abuse and neglect are given a chance to thrive in a safe, permanent home. CASA's trained and supervised volunteers provide an independent voice for children, one child at a time, by speaking for their best interests in the family court system.

Catholic Charities Diocese of Lexington

1310 West Main Street
Lexington, Kentucky 40508

Phone: (859) 253-1993

Mission

The agency's mission is to empower and assist the residents of the Diocese of Lexington to improve their quality of life.

Services

- Affordable mental health counseling
- Free pregnancy counseling
- Rent and utility assistance
- Financial literacy classes
- Retreats and support for refugees.
- Catholic Charities is also a licensed adoption agency. Their staff is composed of qualified and trained professionals, many of whom have state licensure.

Children's Advocacy Center of the Bluegrass

162 N. Ashland Avenue
Lexington, Kentucky 40502

Phone: (859) 225-5437

Website: www.kykids.org

Hours: Mon-Fri: 8 a.m.-5 p.m.

Mission

The center's mission is to reduce the trauma experienced by child victims of sexual abuse. The organization provides a coordinated, multi-disciplinary approach to the investigation, prosecution, and treatment of child sexual abuse cases across 17 Central Kentucky counties.

Services

- **Family Advocacy**
- **Medical Examinations**
- **Forensic Interviews**
- **Therapy and Counseling**

Child Care Council

**2501 Sandersville Rd., Suite 120
Lexington, Kentucky 40511**

Phone: (859) 254-9176

Website: www.childcarecouncilofky.com

Hours: Mon-Fri: 8 a.m.-6 p.m.

Mission

The CCC's mission is to serve as a visible community resource committed to offering access to affordable, quality care and education. We pledge to promote, expand, and enhance services that improve the quality of life for all children, families, and early care professionals in the Bluegrass.

Services

- **Backpack Program**
- **Community Resources**
- **Childcare Assistance Program**

Children's Law Center

**215 W. Short St, Suite 205
Lexington, Kentucky 40507**

Phone: (859) 253-3353

Website: www.childrenslawky.org

Hours: Mon-Fri: 8:30 a.m.-4:30 p.m.

Mission

Children's Law Center, Inc. (CLC), established in 1989, is a non-profit legal service center protecting the rights of children and youth to help them overcome barriers and transition into adulthood, better advocate for their needs, and successfully contribute to society. It provides individual legal advocacy to children and youth, and through public policy work, training and education, impact litigation, and juvenile defender support services, seeks to improve the systems that serve them. CLC offers services in both Kentucky and Ohio, and collaborates with other organizations within the region and nationally on a variety of topics.

Services

Provides free civil legal assistance to child and adolescent victims and witnesses of domestic and sexual violence. Legal services include assistance in obtaining a protection order, whether petition filed by an adult on behalf of a minor or by a minor for him or herself; representation of children who will be called as witnesses during a protection order hearing; and civil legal advice to minor victims of family/teen dating violence or sexual violence. These services are offered at no charge regardless of household income and is made possible by funding through the Victims of Crime Act.

College for Technical Education

1165 Centre Parkway, Suite 120
Lexington, KY 40517

Phone: (859) 272-5225

Website: www.cte.edu

Mission

The primary focus of the College for Technical Education is to provide education and support that will enable students to obtain lifelong careers in personally rewarding occupations.

Programs

- **Building Trades Technician**
HVAC, Carpentry, Plumbing, Electrical and all done with hands-on activity, this is what the Building Trades Technician program is all about at the College for Technical Education.
- **Cosmetology**
The study of Cosmetology offers an exciting entry into the beauty industry with positions such as hair stylist, platform artists or make-up artist.
- **Cosmetology Instructor Apprentice**
The primary purpose of the Cosmetology Instructor Apprentice course is to train the Licensed Master Cosmetologist in the art of instruction, to transition into teaching the basic skills, proper work habits, and desirable attitudes necessary to pass the Kentucky States Board of Hairdressers and Cosmetologists state exam.
- **Early Childhood Education**
The College of Technical Education's Early Childhood Education program is designed to help you reach your potential with the CDA. Through a combination of theory, discussions, guest speakers and real hands-on experience in their on-location early childcare center, students find themselves immersed in the experience.
- **Medical Assistant**
Students learn the administrative and clinical skills necessary for employment in today's healthcare industry. Students learn the basics including HIPAA, CPR and First Aid, as well as law and ethics, management and communication skills. Each step of the way our courses maintain a hands-on approach, further enhancing the educational experience.
- **Medical Billing & Coding**
For those career minded students who wish to be a part of the fastest-growing career in a Medical field, but would prefer to remain on the business, rather than clinical side, Medical Billing and Coding is an outstanding choice, not to mention, a very in-demand field! Medical Billing and Coding at the College for Technical Education is a twofold education in technique and professionalism.

Community Action Council

710 West High Street
Lexington, KY 40508

Phone: (859) 233-4600

Website: <https://www.commaction.org/>

Mission

Community Action Council prevents, reduces, and eliminates poverty among individuals, families, and communities through direct services and advocacy.

Programs

▪ **The Prep Academy**

Community Action Council offers several high quality early childhood education programming for children ages birth through five and their families, including pregnant women. Serving hundreds of children throughout Central Kentucky every year, all of these programs address the developmental, social, emotional, health, and family needs of children from low-income backgrounds to give them the strongest possible foundation for success later in life.

▪ **Youth Development**

The Council offers a variety of programs and services designed to support the healthy development of youth and help them avoid becoming trapped in a generational cycle of poverty. Adolescence is a critical time when individuals begin to form attitudes and make decisions that can have a profound impact on the future course of life. By building on adolescents' own unique strengths, talents and interests, youth development programs reduce criminal activity and risky behavior and to help adolescents make sound choices as they transition into adulthood.

▪ **Economic and Workforce Development**

Creating economic opportunity is a priority at the Council. Since joblessness and underemployment are central factors associated with poverty, the Council works to address poverty by helping adults with job training, skills development, and continuing education. Through partnerships with employment agencies and services, the Council connects participants to potential employers and works with them to develop the skills and competencies they need to be successful. The Council also works actively to eliminate common barriers to employment, such as the need for childcare or reliable transportation.

▪ **Energy Efficiency**

The Council offers several programs that help households access essential utilities affordably, safely and efficiently.

▪ **Emergency assistance**

When funds are available, the Council can help ease the burden on families in crisis by providing direct financial assistance to cover basic needs such as food, rent, or utility payments. These services provide a safety net for vulnerable members of the community, allowing their own resources to stretch a little further.

Community Action Council (cont'd)

▪ **Housing and Mental Health**

Operating in both rural and urban areas throughout Central Kentucky, the Council works to prevent homelessness and improve residential living conditions for individuals and families. The priorities AND goals of the Council's housing programs are:

- To provide emergency assistance for individuals and families who are without shelter or are in immediate danger of losing shelter
- To provide supportive services that help remove barriers to obtaining and maintaining housing
- To help maintain and increase the community's stock of safe, affordable, and accessible housing

Locations

Administrative/Support Services

Address:

710 West High St.

Lexington, KY, 40508

Phone: (859) 233-4600

Fayette West Center

Address:

1902 Cambridge Dr.

Lexington, KY 40504

Phone: (859) 246-1192

Russell School Community Services Center

Address:

520 Toner St.

Lexington, KY, 40508

Phone: (859) 554-4350

West End Center

Address:

913 Georgetown St.

Lexington, KY 40511

Phone: (859) 244-2215

Winburn Center

Address:

1169 Winburn Drive

Lexington, KY 40511

Phone: (859) 294-5249

Community Centers	Address	Phone	Hours of Operation	Activities
Castlewood	201 Castlewood Drive, Lexington, KY	(859) 254-2470	Monday-Thurs: 3:30 p.m.-9 p.m. Fri: 3:30 p.m.-7 p.m.	<ul style="list-style-type: none"> • Arts & Crafts • Table Tennis • Homework Help Club • Basketball
Charles Young <i>*open year-round</i>	540 East Third Street Lexington, KY	(859) 225-6395	Mon, Wed, Fri: 9:00 a.m.-8:30 p.m. Tues/Thurs: 1:00p.m.-8:30 p.m.	<ul style="list-style-type: none"> • Police Activities League • Youth & Teen Activities
Dunbar	545 North Upper Street Lexington, KY	(859) 288-2941	Mon-Thurs: 3:30 p.m.-9:00 p.m. Fri: 3:30 p.m-7:00 p.m. Weight Room: Mon-Fri: 8:00 a.m.-12 p.m. 5 p.m. – 8 p.m. Sat: 9:30 a.m.-1:30 p.m.	<ul style="list-style-type: none"> • Arts & Crafts • Cooking Classes • Kickball • Homework Help • Step Aerobics • Weight room
Gainesway	3460 Campus Way, Lexington, KY	(859) 971-3068	Mon-Fri: 3:00 p.m.-7:00 p.m. <i>Non-School Day:</i> 10:00 a.m.-4:00p.m.	<ul style="list-style-type: none"> • After-school programs for residents of Gainesway and surrounding neighborhoods • Homework Assistance • Computer Lab • Community Garden • Karate Class • Workshops • College Tours • Camps During School Breaks • Teen Job Club *Mon & Wed 5:00p.m.-7:00p.m.

Community Centers	Address	Phone	Hours of Operation	Activities
Kenwick	313 Owsley Avenue Lexington, KY	(859) 266-6405	Mon-Thurs: 3:30 p.m.-9:00 p.m. Fri: 3:30 p.m.-7:00 p.m.	<ul style="list-style-type: none"> • Zumba • Karate • Indoor Soccer • Homework Help • Open Gym • Arts & Crafts
William Wells Brown	548 East Sixth Street, Lexington, KY	(859) 389-6678	<p><u>Elementary Age</u> Mon-Fri: 6-7:30 p.m.</p> <p><u>Middle School Age</u> Mon & Fri: 7:30-9 p.m. Wed: 6-7:30 p.m.</p> <p><u>High School Age</u> Wed: 7:30-9 p.m.</p> <p><u>Age 16 year-adult</u> Sat: 10 a.m.-2 p.m.</p>	<ul style="list-style-type: none"> • Aerobics • Zumba • Arts & Crafts • Yoga • Walking Club • Teens Club • Weight Room

Web Address: <https://www.lexingtonky.gov/communitycenters>

Family Care Center

**1135 Harry Sykes Way
Lexington, Kentucky 40504**

Phone: (859) 288-4040

Website: <http://www.lexingtonky.gov/family-care-center>

Hours: Mon-Fri: 6:30 a.m.-5:30 p.m.

Mission

To provide services for families with young children.

Services

- Case management for parents
- Early childhood/childcare (*children 6 weeks-age 4*)
- In-home services for new and expecting parents
- High school parent education
- Pediatric health care

Fayette County Public Schools- Family Resource/Youth Service Centers (High Schools)

Bryan Station

Address: 201 Eastin Road
Lexington, KY 40505
Phone: (859) 381-3321

Lafayette

Address: 401 Reed Lane
Lexington, Kentucky 40503
Phone: (859) 381-3474

Frederick Douglass

Address: 2000 Winchester Road
Lexington, KY 40509
Phone: (859) 381-3785

Tates Creek

Address: 1111 Centre Parkway
Lexington, Kentucky 40517
Phone: (859) 381-3620

Henry Clay

Address: 2100 Fontaine Road
Lexington, KY 40502
Phone: (859) 381-4363

Paul Laurence Dunbar

Address: 1600 Man O' War Blvd.
Lexington, KY 40513
Phone: (859) 381-3546

**Family Resource Centers are housed at most schools in Fayette County and surrounding counties. They are coordinated by social workers who assist families in need (with a variety of issues) who have children enrolled in their school. You can find a complete list [here](#), or at fcps.net and click on your school's link.*

Global LEX

1306 Versailles Rd, Suite 110
Lexington, KY 40504

Phone: (859) 246-4333

Website: <https://www.lexingtonky.gov/global-lex>

Hours: Mon.-Thurs. 8 a.m. -5 p.m.

Services

Global Lex is a multilingual, multidisciplinary center where local residents and our foreign-born population obtain information, access programs and services, meet to celebrate cultural events and visit our international art gallery. Global Lex is available to facilitate strategic partnerships in a wide variety of fields in order to meet both our city's' and our growing international community's needs.

God's Pantry
(Main Office)
1685 Jaggie Fox Way
Lexington, KY 40511

Phone: (859) 255-6592

Website: <http://www.godspantry.org/>

Hours: Mon-Fri: 8 a.m.-4:30 p.m.

Services

Gives out food and grocery products in Lexington and across the United States of America.

Programs

- **Feeding Children**

- Backpack Program
 - The BackPack Program helps meet the needs of hungry kids at times when food may not be available, such as weekends and school vacations. The BackPack Program discreetly provides a bag of child-friendly, nutritious, nonperishable food to qualifying children that receive free and reduced-price school lunches before a weekend or holiday.
 - **Contact Person:** Mary Jo Crouch:
mjocrouch@godspantry.org or (859) 288-5304
- Summer Meals
 - During the school year, thousands of kids and teens in Central and Eastern Kentucky depend on free or reduced-price breakfasts and lunches to help fulfill their nutritional needs. In the summer months, meals are still needed but are in shorter supply. We provide meals and snacks at libraries, churches, apartment complexes, and community centers by partnering with volunteers at these community-based sites. Kids and teens ages 18 and under are given meals and snacks free of charge and are invited to participate in fun activities happening at the community site.
 - **Contact Person:** Katie: Katie@godspantry.org or (859) 288-5316
- School Based Pantry
 - **Bryan Station High School (201 Eastin Rd)**
 - Youth Services Coordinator: Sabrina Massey
(859) 381-3321
 - **Leestown Middle School (210 Leestown Rd)**
 - Youth Services Coordinator: Kita Carver (859) 381-3190
 - **Martin Luther King Jr. Academy for Excellence (2200 Liberty Rd)**
 - Youth Services Coordinator: Erika Jackson
(859) 381-4040

God's Pantry (cont'd)

- Kids Café
 - The Kids Cafe Program provides free meals and snacks to low-income children at a variety of locations where children congregate such as libraries, churches, and community centers. In addition to providing meals to hungry kids, Kids Cafe programs also offer safe places where, under the supervision of trustworthy staff, children can get involved in educational, recreational, and social activities.
 - Contact Person: Katie: Katie@godspantry.org or (859) 381-3321

Locations:

- **E7 Kids Cafe** (530 North MLK Blvd)
 - Dinner: Mon-Fri: 5-5:30 p.m.
- **St. Luke United Methodist Church** (2351 Alumni Dr.)
 - Dinner: Tues: 3:30-5 p.m.
- **Consolidated Baptist Church** (1625 Russell Cave Rd.)
 - Dinner: Wed 4:50-5:20 p.m. and 7-7:30 p.m.
- **Embrace United Methodist Church**
(1015 North Limestone St.)
 - Dinner: Mon-Thurs: 3-3:30 p.m. and 4:15-4:45 p.m.
- **Village Branch Library** (2185 Versailles Rd.)
 - Snacks: Mon-Thurs: 4-7 p.m.
- **Northside Branch Library** (1733 Russell Cave Rd.)
 - Snacks: Mon-Thurs: 4-7 p.m.

GreenHouse17

PO Box 55190
Lexington, KY 40555

Phone: (859) 233-0657 or (800) 544-2022 (24 hr. hotline)

Website: www.GreenHouse17.org

Mission

We are an advocacy agency committed to ending intimate partner abuse in families and the community.

Services *ALL services are offered **FREE** of charge

- 24- hour crisis hotline
- Emergency shelter
- Legal advocacy
- Transportation advocacy
- Medical advocacy

GreenHouse17 (cont'd)

- Individual and group support
- Parenting support
- Children's programming
- Case management
- Referrals
- Service coordination
- Limited emergency financial assistance
- Housing support
- Financial literacy training

Juvenile Probation & Court Services

1155 Harry Sykes Way
Lexington, KY 40504

Phone: (859) 246-4311

Website: <https://www.lexingtonky.gov/juvenile-probation-court-services>

Services

- Monitoring and supervising youth placed on probation by the Court
- Development and implementation of individualized treatment plans
- Drug screening
- Curfew monitoring
- Home detention monitoring
- Referrals to community resources based on youth or family needs
- Suspension Alternative Program
- Juvenile Surveillance Program

Kentucky Center for Restorative Justice

P.O. Box 1175
Lexington, KY 40588

Phone: (859) 797-6568

Website: <http://kcrj.us>

Mission

Kentucky Center for Restorative Justice (KCRJ) was founded in November 2011 to build a dynamic and innovative social and restorative justice center to provide legal support for criminal and civil cases and to provide conflict resolution services for communities, schools and the justice system.

Services

Services are provided to those who seek social justice solutions, either private party or court referrals. They offer restorative conferencing, circles, and various

Kentucky Center for Restorative Justice (cont'd)

processes in crisis situations. Contact them for more info or a private, individual assessment of your requirements. They are here to help.

Kentucky Refugee Ministries

1710 Alexandria Drive, Suite 2
Lexington, KY 40504

Phone: (859) 226-5661

Website: <https://kyrm.org>

Hours: Mon-Fri. 9 a.m.-5 p.m.

Mission

Kentucky Refugee Ministries, Inc. (KRM), a non-profit organization, is dedicated to providing resettlement services to refugees through faith- and agency-based co-sponsorship in order to promote self-sufficiency and successful integration into our community. KRM is committed to offering access to community resources and opportunities and to promoting awareness of diversity for the benefit of the whole community.

Programs & Services

- **ESL & Cultural Orientation**
- **Employment**
- **Family & Youth**
- **Health & Wellness**
- **Immigration & Citizenship**
- **Interpretation**
- **Arts & Culture**

KVC Kentucky

2250 Thunderstick Dr., Ste. 1104
Lexington, KY 40505

Phone: (859) 254-1035

Website: <https://kentucky.kvc.org>

Hours: Mon-Fri. 8 a.m.-5 p.m.

Mission

It is the mission of KVC to enrich and enhance the lives of children and families by providing medical and behavioral healthcare, social services and education.

Programs and Services

Family Preservation and Diversion

- Family Preservation & Reunification Services help strengthen families and keep children safely at home rather than entering out-of-home care.

KVC Lexington (cont'd)

Behavioral Health Services

- Innovative, evidence-based mental and behavioral health services delivered in the home and community of clients.

Substance Abuse Treatment

- Services for children and adolescents struggling with alcohol and drug abuse. KY Kids Recovery funds this program.

Foster Care – Change a Child’s Life

- The foster care program allows you to make a positive difference in a child’s life by opening your home and heart to a child when they need it the most.

Leadership Lexington Youth Program

**Junior Achievement of the Bluegrass
2420 Spurr Road, Suite 150
Lexington, KY 40511**

Phone: (859) 219-2423

Website: <https://www.juniorachievement.org/web/ja-bluegrass/llyp>

Hours: Mon-Fri. 8 a.m.-5 p.m.

Mission

Founded in 2004 by Commerce Lexington Inc., the mission of LLYP is to prepare diverse individuals for leadership through education and hands-on interaction, exploring issues and resources pertaining to our community.

Program

The program will motivate students to think seriously about the role they would like to play and the difference they can make in the Lexington community. Participants will interact with each other and community leaders, discuss issues, careers, business and post-secondary institutions. Day sessions focus on topics including the arts, government and public safety, higher education, health and human services, and more.

**Application process with partial scholarships available upon request for students accepted into the program.*

Lexington-Fayette County Health Department

650 Newtown Pike
Lexington, KY 40508

Phone: (859) 288-2314

Website: <http://lexingtonhealthdepartment.org/school-health-nursing-services/>

Mission

Helping Lexington be well.

School Health Program

The School Health Program provides services to the staff and students of 56 Fayette County Public Schools and special programs. The School Health program focuses on acute and chronic illness, health conditions, and injuries, health education, and disease prevention.

Services

- **Assess and treat students with acute illnesses or injuries (within the scope of practice)**
- **Coordinate and provide mandatory vision screening in targeted grades**
- **Serve as a resource for students and staff related to communicable disease and chronically ill students**
- **Coordinate care and student emergency action plans related to diabetes, seizures, asthma, allergies and use of emergency medications**
- **Promote health education**
- **Review immunization records to ensure compliance with Kentucky Immunization laws**
- **Administer medication per physical order in accordance to state and school policies**

Lexington Gay/Straight Alliance for Youth

389 Waller Avenue, Suite 100
Lexington, Kentucky 40504

Phone: (859) 253-3233

Website: <http://www.pcsoky.org>

Hours: Tues-Fri. 1 p.m.-6 p.m.
Sat. 11a.m.-4 p.m.

Mission

The Lexington Gender & Sexuality Alliance is a place where LGBTQ+ youth can be themselves and get the support and empowerment they need to become their best selves. We have meetings every Tuesday night from 6:30-8:30 p.m. at the PCSO Pride Center.

Lexington Gay/Straight Alliance for Youth (cont'd)

Programs & Events

- Regular meetings
- Pride Prom
- Halloween Dance
- Trip to King's Island during Pride Night

Lexington Public Library

** See chart for various locations*

Phone: (859) 231-5500

Website: <https://www.lexpublib.org/>

Mission

Lexington Public Library Foundation funds innovation within our public library system. The Library's vision is for a community engaged in a lifetime of discovery, and private donations help Lexingtonians learn and play in dynamic new ways.

Programs & Services

- Teen Books
- Get a Library Card
- Digital Studio
- Student Success Library Card
- Mango Languages
- Homework & Research Assistance
- Free Downloads
- Test Prep
- Teen Events
- Pod casts
- Meeting Rooms
- Outreach
- LPLTV (YouTube channel)
- Lexington Walking Tours
- Art Gallery
- Personalized Help with Resumes and Job Applications
- "Book a Librarian"
- Laptop Checkout
- Podcasts
- Print Documents
- And More!

Lexington Public Library Branches	Address	Hours
Beaumont	3080 Fieldstone Way, Lexington, KY 40513	Mon-Thurs: 9:30 a.m.-9 p.m. Fri: 9:30 a.m.-6 p.m. Sat: 9:30 a.m.-5 p.m. Sun: 1 p.m.-5 p.m.
Eastside	3000 Blake James Drive, Lexington, KY 40509	Mon-Thurs: 9:30 a.m.-9 p.m. Fri: 9:30 a.m.-6 p.m. Sat: 9:30 a.m.-5 p.m. Sun: 1 p.m.-5 p.m.
Tates Creek	3628 Walden Drive Lexington, KY 40517	Mon-Thurs: 9:30 a.m.-9 p.m. Fri: 9:30 a.m.-6 p.m. Sat: 9:30 a.m.-5 p.m. Sun: 1p.m.-5 p.m.
Central	140 E. Main Street Lexington, KY 40507	Mon-Thurs: 9 a.m.-9 p.m. Fri: 9 a.m.-6 p.m. Sat: 9 a.m.-5 p.m. Sun: 1 p.m.-5 p.m.
Northside	1733 Russell Cave Road Lexington, KY 40505	Mon-Thurs: 9:30 a.m.-9 p.m. Fri: 9:30 a.m.-6 p.m. Sat: 9:30 a.m.-5 p.m. Sun: 1 p.m.-5 p.m.
Village	2185 Versailles Road, Lexington, KY 40504	Mon-Thurs: 9:30 a.m.-9 p.m. Fri: 9:30 a.m.-6 p.m. Sat: 9:30 a.m.-5 p.m. Sun: 1 p.m.-5 p.m.

National Alliance on Mental Illness

(NAMI)

**498 Georgetown Street, Suite 100
Lexington, KY 40508**

Phone: (859) 272-7891

Website: <http://www.namilexington.org/>

**Across the country, thousands of trained NAMI volunteers bring peer-led programs to a wide variety of community settings, from churches to schools to NAMI Affiliates. With the unique understanding of people with lived experience, these programs and support groups provide outstanding free education, skills training and support.*

Education Classes

NAMI Basics

- This course teaches coping skills, management skills, communication and listening skills, problem solving skills, and more. The role of school, mental health, and legal systems in treating children with disabilities is reviewed.

NAMI Family-to-Family

- This is a class for families, caretakers and friends of individuals with mental illness. The course is designed to facilitate a better understanding of mental illness, increase coping skills and empower participants to become advocates for their family members.

NAMI Homefront

- This is a class for families, partners and friends of military service members and veterans experiencing a mental health challenge. The course is designed specifically to help these families understand those challenged and improve the ability of participants to support their service member or veteran.

NAMI Peer-to-Peer

- This is a recovery education course open to anyone experiencing a mental health challenge. The course is designed to encourage growth, healing and recovery among participants. This program is also available in Spanish, De Persona a Persona de NAMI.

NAMI Provider Education

- This class is for line staff in facilities providing mental health treatment services. The NAMI Provider Education class is designed to expand the participants' compassion for the individuals and their families and to promote a collaborative model of care.

New Vista

1351 Newtown Pike, Bldg. 1
Lexington, Kentucky 40511

Phone: (859) 253-1686 or 1-800-928-8000 (24-Hour Helpline)

Website: www.newvista.org

Hours: Mon-Fri. 8 a.m.-5 p.m.

Mission

The mission of New Vista is to assist individuals and families in the enhancement of their emotional, mental, physical well-being by providing substance use, intellectual, and developmental disability services. We serve those who have limited options for meeting their behavioral health needs.

Services

Mental Health

- Assessment
- Therapy
- Group Therapy
- Psychiatry Services
- Case Management
- Specialty Services such as housing support, Therapeutic Rehabilitation Program, supported employment, peer support, and intensive outpatient programs
- Early Childhood Therapy
- Outpatient Clinical Therapy
- School-Based Therapy
- IMPACT Targeted Case Management
- High Fidelity Wraparound Services
- Community Support Services

Substance Use

- Outpatient Services (one on one therapy)
- Intensive Outpatient Services (group therapy)
- Pregnancy and Addiction Services
- Residential Treatment

Developmental

- Child Evaluation Specialists
- Service Professionals and Coordinators
- Supports for Community Living
- Michelle P. Wavier
- Pre-Admission Screening/Residential Review
- Participant Directed Services
- Acquired Brain Injury
- State General Funds Services

Emergency Services (1-800-928-8000)

- Substance Use/Overdose Emergency
- Intellectual and Developmental Disability Emergency
- Deaf and Hard of Hearing Emergency

Oliver Winston Behavioral Urgent Care

1555 E. New Circle Rd., Suite 190
Lexington, KY 40509

Phone: (859) 444-5790

Website: <http://oliverwinston.com/>

Hours: Mon-Fri: 9 a.m. -7 p.m.

Mon-Fri: 2:30 p.m. -4 p.m. **walk-in appointments available*

Sat. **appointment only*

Mission

Oliver Winston Urgent Treatment Center, LLC, intends to be an industry leader of mental health care delivery through improved access to life-saving treatment. They aim to serve those seeking non-emergent behavioral health treatment through transitional care, filling the gap between inpatient and outpatient services, when access to care is needed most.

Services

Laboratory Services

- Pharmacogenomics
- Complete blood work
- Urine Drug Screen

Psychiatric Services

- Evaluations and Therapy
- Case Therapy

Substance Use Services

- Treatment for addiction
- Substance Use Counseling
- Resources and Education
- Outpatient Detox

Child/Adolescent Services

- Diagnosis and Therapy

Operation Making a Change

*(OMAC) *also listed under PAL*

Charles Young Center
540 East Third Street
Lexington, KY 40508

Phone: (262) 676-7016

Email: mrgibson1971@gmail.com

Website: www.facebook.com/OperationMakingaChange

Mission

To strengthen students' abilities to live healthy, balanced lives in which they both fulfill their responsibilities and use their compassion and creativity to make a positive difference in the world.

Services

A group for youth who would like to develop leadership skills and understand the importance of making good choices throughout life.

Partners for Youth

162 East Main Street, Suite 210
Lexington, KY 40507

Phone: (859) 280-8003

Website: <http://partners4youth.org/>

Hours: Mon-Fri. 8 a.m.-5 p.m.

Office Address: 162 East Main Street, Suite 210
Lexington, KY 40507

Mission

To promote positive youth development and to prevent juvenile delinquency through collaboration and capacity building.

Programs

- **Neighborhood Youth Council (NYC)**
 - *Note: Due to the ongoing COVID-19 pandemic, all NYC meetings will take place virtually. To find out how to join, please visit @pfy_neighborhood_youth_council on Instagram or contact Partners for Youth.*
- **Cardinal Valley Neighborhood Youth Council**
 - Meets every Tuesday from 4-5:30 p.m. @Village Branch Library
- **Gainesway Neighborhood Youth Council**
 - Meets every Wednesday from 3:30-5:30 p.m. @ The Gainesway Community Center

Partners for Youth (cont'd)

Scholarships

PFY/Toyota Scholarship

- Requirements:
 - **High school Senior or College Freshman**
 - *Youth who participate in programs funded by the Grassroots Allocations Program are eligible. Scholarships can be used for any post-secondary education program that encourages recipients to continue their education.*
- Each year up to 10 youth receive \$1,000 – \$1,500 scholarships.**

Police Community Services Unit

150 East Main St.
Lexington, KY 40507

Phone: (859) 258-3636

Contact: Officer Eric Jones

Email: lexingtonpal@aol.com

Website: <https://www.lexingtonky.gov/community-services>

Programs

Police Activities League (PAL)

- The Police Activities league of Lexington is a crime prevention program using recreating, athletics and educational activities to build a positive relationship between police officers, youth, and the community.
- Open to boys and girls ages 7 – 17.

Police Explorer Post #357

- Instructional program for boys and girls ages 14 – 21 who have an interest in law enforcement

Seasonal programs

- Football (June – November)
- Cheerleading (June – November)
- Basketball (November – July)
- Girls softball (May – July)

Year-round programs

- Mentoring
- Reading
- Youth Choir
- Boxing
- Dance team
- Operation Making a Change (OMAC) *listed separately

Sisters Road To Freedom, Inc.

2350 Woodhill Drive, Suite 72
Lexington, KY

Contact: Therese Wright

Phone: (859) 536-7677

Email: sistersroadtofreedom@twc.com

Mission

Sisters Road To Freedom, Inc. is a 501 (c) (3) non-profit organization with the mission:

1. To serve families in Fayette County, Lexington, Kentucky regardless of race, color, religion, age, national origin, sex, disability; and,
2. To provide assistance to families in every aspect of their lives through Food/Clothing Banks and Empowerment/Summer Programs.

Services

- **Weekly Food & Clothing Bank**
**also a referral agency to God's Pantry*
Wednesdays 1:30-2:30 p.m.
Saturdays 10:00 AM-12:00 p.m.
- **Molding of Generation Z**

Sunrise Children's Service

(Southern Bluegrass Emergency Placement)

2465-C, Nicholasville Road
Lexington, KY 40511

Website: www.sunrise.org

Mission

Sunrise Children's Services provides care and hope for hurting families and children through Christ-centered ministries. Sunrise Children's Services has been at the forefront in the fight to protect Kentucky's children since 1869. Sunrise is a home for children who have been abused and neglected — children whose lives have been scarred by unspeakable physical, sexual, and emotional abuse — and who have been removed from their homes.

Services

- **Case management**
- **Family counseling**
- **Residential treatment facility**
- **Service coordination**
- **Therapeutic foster care**

Surgery on Sunday

1594 Harrodsburg Road
Lexington, KY 40504

Phone: (859) 246-0046; en Español: (859) 475-5858

Website: www.surgeryonsunday.org

Mission

Surgery on Sunday is a nonprofit organization that provides medically necessary outpatient surgeries at no cost to income-eligible, uninsured or underinsured individuals who do not qualify for federal or state assistance.

Services

- The most common surgeries offered (not a complete list):
 - Gallbladder Removal
 - Hernia Repair
 - Tonsillectomies
 - Gynecological
 - Orthopedics-ACL Repair, Rotator Cuff Repair, Carpal Tunnel Release, etc.
 - Circumcisions
 - Urology
 - Mass Excision
 - Ophthalmology-Cataracts
 - Colonoscopies

The Nest Center for Women

530 North Limestone Street
Lexington, KY 40508

Phone: (859) 259-1974

Website: www.TheNestLexington.org

Hours: Mon-Thurs: 9 a.m. – 5 p.m.

Fri: 9 a.m.-12 p.m.

Mission

The Nest Center for Women's mission is to provide a safe place for education, counseling, and support to children and families in crisis.

Programs

Child Care Services for Children Birth to 5 years old

- Provides free childcare for families in need.

Crisis Care for Basic Human Needs

- Assists families that are in need of emergency supplies, including; food, clothing, toiletries

Domestic Violence Counseling Advocacy

- Individual/Group Counseling

The Nest Center for Women (cont'd)

Parenting Education/Advocacy

- Designed to support families recovering from violence abuse neglect

Services

- **Crisis Care**
- **Domestic Violence Counseling and Advocacy**
- **Parent Education and Support**
- **Respite Child Care**

The Ridge Behavioral Health System

3060 Rio Dosa Drive
Lexington, KY 40509

Phone: (859) 269-2325 or (800) 753-4673

Website: <https://ridgebhs.com>

Hours: Mon.-Sun. (24/7)

Mission

The Ridge's treatment philosophy is based on an understanding that mental health and substance use disorder treatment requires a team approach with a caring, positive attitude in which all participants are treated with respect and dignity.

Programs

Adolescent Early Intervention Program

- This program is targeted toward adolescents' ages 13-17 (or 18 if still in high school) with the goal of intervening with youth before drug and alcohol use interferes with their daily lives and functioning.

Inpatient Psychiatric

- Designed for adolescents' ages 12 through 17 (or 18 if still in high school) who are struggling with issues including depression or anxiety, family conflicts or reactions to stress, trauma or substance abuse.

Inpatient Substance Use Disorder

- The adolescent recovery center at The Ridge is designed to serve adolescents ages 12 through 17 (or 18 if still in high school) who may be struggling with substance use and/or co-occurring disorders.

Intensive Outpatient Program

- Our Adolescent Psychiatric Intensive Outpatient Program serves adolescents ages 12 to 17 (or 18 if still in high school). Treatment consists of two psycho-educational groups and one process group. The clinical approach includes elements of Dialectical Behavior Therapy and Cognitive Behavioral Therapy.

Partial Hospitalization

- The Ridge offers an adolescent psychiatric Partial Hospitalization Program, also known as "Young Champions," for patients ages 12-17 (or 18 if still in high school). This program is designed to meet the needs of those who are

The Ridge Behavioral Health System (cont'd)

experiencing mental health and/or substance abuse issues that negatively impact daily functioning but do not meet the criteria for inpatient hospitalization.

Psychiatric Evaluation and Medication Management Services

- The Ridge offers Psychiatric Evaluations and Medication Management Services in an outpatient setting. The physician or advanced practice registered nurse (APRN) will see adult clients ages 14 years and older on an individual basis for medication management. New patients making a self-referral may contact us at 800-753-4673 (HOPE) for an initial assessment. The clinical information will then be reviewed with the doctor/APRN and the patient will be given an appointment for their initial visit with the provider.

University of Kentucky Psychiatry- Child and Adolescent *(Psychiatry Outpatient Clinic)* 245 Fountain Court Lexington, KY 40509

Phone: (859) 323-6021 (Option 1, for patient appointments)

Website: <https://ukhealthcare.uky.edu/services/psychiatry>

Mission

The faculty of the Division of Child and Adolescent Psychiatry provides a full range of clinical services. The division's multidisciplinary faculty is active in a variety of clinical and research interests in biological psychiatry, pharmacotherapy and behavior therapy, including cognitive therapy.

Specialties

- Anxiety Disorders/Depression
- Eating Disorders
- Family Therapy
- Individual/Group Psychotherapy
- Personality Disorders
- Psychosomatic Disorder
- Schizophrenia

Programs

- Adolescent Behavior Health
- Anxiety Disorder Clinical Service
- Attention Deficit Hyperactive Disorder Clinical Service
- Child Abuse Clinical Service
- Child Diagnostic Clinical Service
- Eating Disorder Clinical Service
- Family Mediation/Evaluation Clinical Service

Urban League of Lexington-Fayette County

(Youth and Education)

148 Deweese St

Lexington, Kentucky 40507

Phone: (859) 233-1561

Website: <http://ullex.org/youth-development/>

Mission

The Urban League of Lexington—Fayette County was established in 1968. Their mission is to assist African Americans and disadvantaged citizens in the achievement of social and economic equality.

Programs

Access College, Access Career (AC2)

- The Urban League’s academic challenge program focuses on students in Title I Fayette county schools. This academic competition provides extra time on core content, emphasizes teamwork and collaboration, enhances social and emotional learning, and reinforces parent engagement with student success as the outcome. **To enroll, please look for information to be distributed at your child’s school or contact Annissa Franklin at Annissa@ullexfay.org.**

LIFT

- The Lifting and Impacting Futures Today Conference is a one-day conference for pre-K through high school students across Kentucky and their parents. Attendees gather to learn more about being prepared for college and the workforce. Parents spend additional time learning about financial aid, student support and their child’s individual development plans. High school seniors are eligible to compete for \$10,000 in scholarship funds. This conference is scheduled for March 21, 2020. **For more information, please contact Annissa Franklin at Annissa@ullexfay.org.**

Motivated All Day Everyday (M.A.D.E.)

- M.A.D.E is a gang violence and prevention program for middle and high school students. It provides weekly group counseling and mentoring services for youth identified as “at-risk” of engaging in gang-related activity by school personnel. The program provides coping strategies and life skills to help students deal with the reality of drugs, and gang/community violence. In addition, the program challenges students to develop critical thinking skills that have helped them improve in classroom. **For more information, please contact Logan Avritt at logan.avritt@gmail.com or at (859) 489-2525.**

YMCA of Lexington Locations

Website: <http://www.ymcacky.org>

Locations:

Carol Martin Gatton Beaumont YMCA

3251 Beaumont Centre Circle

Lexington, KY 40513

Phone: (859) 219-9622

Hours: Mon.-Fri: 5:30 a.m. – 10 p.m.

Sat: 6 a.m. – 8 p.m.

Sun: 10 a.m. – 8 p.m.

High Street YMCA

239 East High Street

Lexington, KY 40507

Phone: (859) 254-9622

Hours: Mon-Thu: 5:30 a.m. – 10 p.m.

Fri: 5:30 a.m. – 8 p.m.

Sat: 6 a.m. – 6 p.m.

Sun: 10 a.m. – 6 p.m.

North Lexington Family YMCA

381 West Loudon Avenue

Lexington, KY 40508

Phone: (859) 258- 9622

Hours: Mon-Thu: 5:30 a.m. – 10 p.m.

Fri: 5:30 a.m. – 8 p.m.

Sat: 6 a.m. – 6 p.m.

Sun: 10 a.m. – 6 p.m.

Whitaker Family YMCA

2681 Old Rosebud Road

Lexington, KY 40509

Phone: (859) 543-9622

Hours: Mon.-Fri: 5:30 a.m. – 10 p.m.

Sat: 6 a.m. – 8 p.m.

Sun. 10 a.m. – 8 p.m.

YMCA Programs

- Youth Sports
- YMCA Black Achievers
- Kids Triathlon
- Adult Sports
- Martial Arts
- Arts & Entertainment
- Community Health
- Miracle League/Special Needs Sports
- Reserve Field Space
- More **see websites for complete list*

Parent and Guardian Empowerment (PAGE) Program

**498 Georgetown Street
Lexington, KY 40508**

Phone: (859) 300-5330

Website: <https://www.lexingtonky.gov/youth-development-center>

Hours: Mon-Fri. 8 a.m.-5 p.m.

Parent and Guardian Empowerment assists young people in reaching their highest potential by offering free positive opportunities and programs for youth. PAGE strives to help parents/guardians to gain the support, skills and confidence they need to guide and motivate their youth while reducing conflict. In turn, the parents/guardians feel empowered.

Experienced social workers work with each family to assess challenges and problems, then develop a service plan with the goal of preventing future behavior issues and reducing the chances of conflict with family, peers and charges filed in juvenile court.

Programs

Case Management Services

Assesses, plans, implements, coordinates, monitors, and evaluates the options and services required to meet the client's human service needs

Family Nurturing Program

A family-centered trauma-informed initiative designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices.

Referrals to Partner Agencies

Involves sending a client to another agency for ongoing management of a specific problem.

Social History Needs Assessment

Focuses on and describes the social aspects of the clients functioning and their situation. Social workers are particularly concerned about the match between client needs and the resources available to meet those needs

GAIN-I Assessment

A standardized bio-psycho-social assessment designed to help clinicians gather information for diagnosis, placement, and treatment planning

Parent and Guardian Empowerment (PAGE) Program (cont'd)

Prevention / Intervention Programs and Workshops

Evening & no school day programs

Gainesway Community Center

3460 Campus Way
Lexington, Kentucky 40517

The center is located off Centre Parkway between the Tates Creek Schools and The Solution Center

Center hours:

Monday – Friday

2 – 6 p.m.

Closed on national holidays.

(Hours vary based on implementation of programs)

The Gainesway Community Center offers programs for residents of the Gainesway community, 40517 area code.

Activities include:

- Afterschool Program
- Summer Camp for 5th – 8th grade students
- Karate Class
- Game room
- Spring Break Camp
- No School fun Days (10 a.m. – 4 p.m.)
- Community garden
- Enrichment programs (drumming, tumbling, Power of Words, arts and crafts, field trips ...etc.)

College & University Admissions

**Ask your school counselor or parent for help with searching for other colleges and universities*

Berea College	(800) 326-5948
Bluegrass Community & Technical College	(859) 246-2477
Centre College	(859) 238-5200
College for Technical Education	(859) 272-5225
Kentucky State University	(502) 597-6000
Lexington Beauty College	(859) 278-7483
Lexington Healing Arts Academy	(859) 252-5656
Lexington Theological Seminary	(859) 280-1249
American National University	(859) 253-0621
Salon Professional Academy	(859) 268-3935
Sullivan University	(859) 276-4357
Transylvania University	(859) 233-8300
University of Kentucky	(859) 257-9000
University of Louisville	(502) 852-5555

Emergency & 24 Hour National Hotlines

Child Abuse Hotline	(800) 422-4453
Lexington Police Department	911/Non-emergency (859) 258-3600
Lexington Fire/Ambulance	911/Non-emergency (859) 231-5600
National Suicide Prevention Lifeline	(800) 273-8255
Rape Crisis Center	(800) 656-4673
Alcohol and Drug Dependence Hotline	(800) 662-4357
Domestic Violence Hotline	(800) 799-7233
LGBTQ+ Hotline	(866) 488-7386
American Pregnancy Hotline	(866) 942-6466
National Runaway Safe line	(800) 786-2929

Employment Agencies

**Find more staffing online*

Employment Solutions	(859) 253-2658
Goodwill Temporary Staffing	(859) 225-6575
H & W Staffing	(859) 554-5841
Jubilee Jobs	(859) 977-0135
Judy's Staffing Services	(859) 223-5005
Kelly Services	(859) 373-0422

Services in Spanish

Accipio Language Services	(859) 533-4313
Catholic Charities of the Diocese of Lexington	(859) 253-1993
Children's Advocacy Center	(859) 225-5437

U.S. Armed Forces

Air Force Recruiting	(859) 223-3058
Army Recruiting Company HQ	(859) 224-1221
Marine Corps Recruiting Office	(859) 266-7030
Navy Recruiting Office	(859) 335-5700

PARTNERS FOR YOUTH TEAM

Briana Persley

Executive Director

bpersley@lexingtonky.gov

(859) 280-8003

Angie Green Hampton

Community Partners Coordinator-West End

ahampton@lexingtonky.gov

(859) 280-8004

Trace Williams

Community Partners Coordinator-Gainesway

twilliams2@lexingtonky.gov

(859) 280-8006

Website

partners4youth.org

Social Media Sites



Partners for Youth Foundation, Inc.



@pfy_neighborhood_youth_council



Partners for Youth on GoodGiving.net

